

Phelps County R-III School


17790 State Route. M, Edgar Springs, MO 65462

Phone: (573) 435-6293

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Choice of 1% low-fat milk or 1% low-fat chocolate milk served with every meal.

****Menu items are subject to change based on availability.****

<p>1</p> <p>No School</p>	<p>2</p> <p>Parfait Pears, Juice</p> <p>Juicy Burger Chips, Carrots Broccoli Peaches</p>	<p>3</p> <p>Sausage, Egg Biscuit Grapes, Juice</p> <p>Grilled Cheese Loaded Potato Soup Sweet Cherries Cookie</p>	<p>4</p> <p>Breakfast Pizza Mandarin Oranges, Juice</p> <p>Beef Nachos Black Beans Salsa Fruit Slush</p>	<p>5</p> <p>Rice, Cinnamon Toast Banana, Juice</p> <p>Oven Baked Chicken Mashed Potatoes Green Beans Peaches</p>
<p>8</p> <p>No School</p>	<p>9</p> <p>Biscuit and Gravy Pears, Juice</p> <p>Hot Dog, Chips Veggie Juice Box Baby Carrots Juice Bar</p>	<p>10</p> <p>Cinnamon Roll Banana, Juice</p> <p>White Chicken Chili Crackers, Peanut Butter Veggie Juice Mix Fruit</p>	<p>11</p> <p>Oatmeal Dried Fruit, Juice</p> <p>Spaghetti & Meatballs Bread Stick, Salad Cherry Star juice Peaches</p>	<p>12</p> <p>Cereal Bowl Grapes, Juice</p> <p>Country Fried Steak Mashed Potatoes, Gravy Roll, Veggie Juice Strawberries</p>
<p>15</p> <p>No School</p>	<p>16</p> <p>Blueberry Muffin Yogurt, Pears, Juice</p> <p>Chicken Nuggets French Fries Broccoli Cheese Rice Applesauce</p>	<p>17</p> <p>Loaded Eggs, Biscuit Sausage, Grapes, Juice</p> <p>Fish Sticks Mac and Cheese Celery, Carrots/ Orange</p>	<p>18</p> <p>Donut, Rice Pears, Juice</p> <p>Turkey, Roll Mashed Potatoes Green Beans Fruit Slush, Pie</p>	<p>19</p> <p>Pancakes, Syrup Peaches, Juice</p> <p>Chicken Noodles Spinach, Carrots Roll Mix Fruit</p>
<p>22</p> <p>School In Session!</p> <p>Cooks Choice</p>	<p>23</p> <p>School In Session!</p> <p>Cooks Choice</p>	<p>24</p> <p>Thanksgiving Break</p> 	<p>25</p> 	<p>26</p> <p>Thanksgiving Break</p> 
<p>29</p> <p>No School</p>	<p>30</p> <p>Oatmeal Dried Fruit, Juice</p> <p>Loaded Scrambled Eggs Hash browns, Biscuit Dragon Punch Blueberries</p>	<p>December 1</p> <p>Waffles Mandarin Oranges, Juice</p> <p>Chicken Nugget Broccoli w/Cheese Corn Blushing Pear</p>	<p>2</p> <p>Cereal Bowl Banana, Juice</p> <p>Cheeseburger Mac Beans, Corn, Roll Apple Sauce Cake</p>	<p>3</p> <p>Cereal Bar, Yogurt Orange, Juice</p> <p>Pizza Garden Salad Peas Mixed Fruit</p>

Parents: If your child has a food or milk allergy, we must have a signed letter from your child's physician stating the food/milk allergy/allergies and any substitutions that are required. This letter is required by DESE and must be on file at the time your child starts school. It is good only through the end of the current school year and must be updated annually.

Breakfasts and lunches are FREE to all students.

This institution is an equal opportunity provider.