

# Wellness Committee Events

## 2024-2025

**October 8 – October 10, 2024**  
**Smile Mobile**

October 16, 2024 – Committee Meeting to Assess Local Wellness Policy

November 6, 2024 - Committee Meeting

**November 19, 2024 – “Parents Night Out” Event**  
**3:45pm – 7:00 pm**

March 4, 2025 – Committee Meeting

**March 7, 2025 – Daddy/Daughter Dance**  
**6:00 pm - 8:00 pm**

March 19, 2025 – Committee Meeting

**April 14 – April 18, 2025**  
**Wellness Week**  
**American Heart Association Kids Heart Challenge**

April 22, 2025 – Committee Meeting

**May 9, 2025 – Mommy/Son Dance**  
**6:00 pm - 8:00 pm**

**May 19, 2025 – Field Day**  
**9:00 am – 3:00 pm**

## 2023-2024

August 2023 – Committee Meeting to Assess Local Wellness Policy

### **Student Events throughout the year:**

- \* Personal Hygiene Education for Preschool through 8th grade  
(personal hygiene products distributed to 3rd through 7th grade students)
- \* Dental Hygiene Education for Preschool through 8<sup>th</sup> grade  
(dental supplies provided to students)
- \* Germ Education with hands-on education for Preschool through 8th grade
- \* Drug Awareness Education during Red Ribbon Week
- \* Hosted the Smile Mobile for students in need of dental care
  - \* Head Lice Prevention Education
  - \* Covid-19 Prevention Education
- \* School-wide Flu Shot Clinic (in partnership with the local Health Department)
- \* Water Bottle Distribution (in conjunction with Intercounty Electric Cooperative) to help students with hydration in the classroom setting
- \* Fall Coat Drive to provide coats for students in need

**2022-2023**

August 17, 2022 – Committee Meeting to Assess Local Wellness Policy

**September 8, 2022 – Back to School Fun Night at the Zone**

**5:00 pm – 8:00 pm**

**September 16, 2022 - Glow Stick Sock Hop**

**3:45 pm – 5:00 pm**

October 18, 2022 – Committee Meeting

**December 16, 2022 – Popcorn, Hot Chocolate, and a Movie**

**1:30 pm – 3:15 pm**

March 9, 2023 – Committee Meeting

**April 21, 2023 - Student Appreciation Event**

**8:00 am – 3:35 pm**

**2021-2022**

**No events scheduled due to COVID-19**

**2020-2021**

**August 29, 2020 – Wellness 5K Back-to-School Fun Run**

***(CANCELLED DUE TO COVID-19)***

**2019-2020**

August 28, 2019 – Committee Meeting

November 6, 2019 – Committee Meeting

January 8, 2020 – Committee Meeting

March 3, 2020 – Committee Meeting

April 6, 2020 – Committee Meeting

***(CANCELLED DUE TO COVID-19)***

**April 17, 2020 – Dodgeball Tournament**

**3:15 pm – 5:00 pm**

***(CANCELLED DUE TO COVID-19)***

**May 11, 2020 – Wellness Fun Day**

**3:15 pm – 5:00 pm**

***(CANCELLED DUE TO COVID-19)***

**2018-2019**

September 5, 2018 – Committee Meeting

October 17, 2018 – Planning and Work Meeting

**November 1, 2018 – Soup-n-Dunk  
4:00 pm – 7:30 pm**

January 9, 2019 – Committee Meeting

April 4, 2019 – Committee Meeting

April 16, 2019 – Planning and Work Meeting

**May 2, 2019 – PCR-III Wellness Fun Day  
3:15 pm – 5:00 pm**

**2017-2018**

September 6, 2017 – Introductory Committee Meeting

December 6, 2017 – Committee Meeting

**February 2, 2018 - Soup-R-Bowl  
5:00 pm – 7:30 pm**

April 4, 2018 – Committee Meeting

**May 12, 2018 – Wellness Obstacle Course  
11:00 am – 1:00 pm**