

Phelps County R-III School

17790 State Route M; Edgar Springs, MO 65462 Phone: 573-435-6293 Fax: 573-435-9489

Choice of 1% low-fat milk or 1% low-fat chocolate milk served with every meal.

Menu items are subject to change based on availability.

1	2	3	4	5
	Breakfast Pizza, Fruit, Juice	Cereal Bowl, Yogurt, Fruit, Juice	Pancakes, Syrup, Hash Brown, Juice	Biscuit, Gravy, Fruit, Juice
	Chicken Nuggets, Mashed Potatoes, Gravy, Corn, Roll, Fruit	Pulled Pork Sandwich, Mixed Salad, Ranch, Raw Carrots, Fruit	Burrito, Garden Chips, Green Beans, Veggie Juice, Fruit	Pizza, Peas, Broccoli, Fruit
8	9	10	11	12
	Sausage, Egg, Biscuit, Fruit, Juice	Blueberry Muffin, Fruit, Juice	Strawberry Cream Cheese Bagel, Fruit, Juice	Biscuit, Gravy, Hash Brown, Juice
	Cheeseburger, Sweet Potato Fries, Spinach, Fruit	Soft Taco, Raw Carrots, Cucumbers, Fruit	BBQ Rib Sandwich, Coleslaw, Baked Beans, Fruit	Bosco Sticks, Marinara Sauce, Peas, Corn, Fruit
15	16	17	18	19
	Scrambled Eggs, Toast, Hash Brown, Juice	Chicken Biscuit, Fruit, Juice	Banana Bread, Yogurt, Fruit, Juice	Biscuit, Gravy, Fruit, Juice
	Chicken Strips, French Fries, Broccoli, Fruit	Hot Ham & Cheese on Bun, Mixed Salad, Ranch, Cucumbers, Fruit	Seasoned Diced Chicken, Roll, Green Beans, Corn, Fruit	Pizza, Carrots, Peas, Fruit
2	23	24	25	26
	Maple Turkey Wrap, Yogurt, Fruit, Juice	Cereal Bowl, Fruit, Juice	Breakfast Pizza, Fruit, Juice	Biscuit, Gravy, Hash Brown, Juice
	Hot Dog on Bun, Raw Carrots, Baked Beans, Fruit	Walking Taco, Salsa, Refried Beans, Spinach, Fruit	Meatloaf, Roll, Mashed Potatoes, Green Beans, Fruit	Bosco Sticks, Marinara Sauce, Cauliflower, Dragon Punch, Fruit
29	30		Student Meal Prices	
	Sausage, Egg, Biscuit, Fruit, Juice		Breakfast: full price: \$1.80 reduced price: 30¢	
	Chicken Nuggets, Mashed Potatoes, Gravy, Corn, Roll, Fruit		Lunch: full price: \$2.30 reduced price: 40¢	

Parents: If your child has a food/milk allergy, we must have a signed letter from your child's physician stating the food/milk allergy/allergies and any required substitutions. This letter must be on file at the time your child starts school, and is only valid through the end of the current school year.