

Phelps County R-III School

17790 State Route M; Edgar Springs, MO 65462 Phone: 573-435-6293 Fax: 573-435-9489

Choice of 1% low-fat milk or 1% low-fat chocolate milk served with every meal.

Menu items are subject to change based on availability.

	Student Meal Prices	1	2	3
	Breakfast:	Pancakes, Syrup,	Blueberry Muffin,	Biscuit, Gravy,
full price: \$1.80		Fruit, Juice	Yogurt, Fruit, Juice	Fruit, Juice
	reduced price: 30¢			
	Lucada	Pulled Pork Sandwich,	Chicken Wrap,	Calzone,
Lunch: full price: \$2.30 reduced price: 40¢		Baked Beans, Coleslaw,	Garden Chips, Cucumbers, Dragon	Carrots, Spinach,
		Fruit	Punch, Fruit	Fruit
	-		0	
	Scrambled Eggs, Toast,	8 Cereal Bowl,	Banana Bread, Yogurt,	10 Biscuit, Gravy,
	Sausage, Juice	Fruit, Juice	Fruit, Juice	Fruit, Juice
	Cheeseburger,	Chicken Noodles,	BBQ Chicken,	Pizza,
	French Fries,	Mashed Potatoes,	Coleslaw,	Broccoli,
	Peas,	Green Beans, Roll,	Baked Beans,	Carrots,
	Fruit	Fruit	Fruit, Juice	Fruit
3	14	15	16	17
	Breakfast Pizza,	Oatmeal, Toast,	Strawberry Parfait,	Biscuit, Gravy, Sausag
	Fruit, Juice	Fruit, Juice	Fruit, Juice	Patty, Fruit, Juice
	Chicken Nuggets,	Hot Turkey & Cheese	Spaghetti,	Bosco Sticks, Marinar
	Mashed Potatoes,	on Bun, Cucumbers,	Garlic Bread,	Sauce, Black Beans,
	Corn,	Broccoli,	Green Beans,	Wango Mango Juice
	Fruit	Fruit	Carrots, Fruit	Fruit
)	21	22	23	24
	Egg, Sausage, Toast,	Pumpkin Bread,	Chicken Biscuit,	
	Fruit, Juice	Fruit, Juice	Fruit, Juice	NO SCHOOL
	Cheeseburger,	Walking Taco,	BBQ Rib Sandwich,	
	French Fries,	Refried Beans,	Coleslaw,	
	Carrots,	Cucumbers,	Veggie Juice,	
	Fruit	Fruit	Fruit	
7	28	29	30	31
	Scrambled Eggs,	Pancakes, Syrup,	Blueberry Muffin,	Biscuit, Gravy,
	Sausage, Hash Brown,	Fruit, Juice	Fruit, Juice	Fruit, Juice
	Juice			
		Soft Taco,	Chili, Crackers,	Pizza,
	Hot Dog,	Refried Beans,	Corn, Dragon Punch,	Cross Books
	Peas, Carrots,	Sun Chips, Spinach, Fruit	Cookie, Fruit	Green Beans,
	Fruit	j Spinacii, Fruit	riull	Fruit

Parents: If your child has a food/milk allergy, we must have a signed letter from your child's physician stating the food/milk allergy/allergies and any required substitutions. This letter must be on file at the time your child starts school, and is only valid through the end of the current school year.