



Phelps County R-III School

17790 State Route M, Edgar Springs, MO 65462

Phone: 573-435-6293 Fax: 573-435-9489

Choice of 1% low-fat milk or 1% low-fat chocolate milk served with every meal.

Menu items are subject to change based on availability.

	1 Egg Patty, Sausage, Biscuit, Fruit, Juice Breaded Chicken Patty on Bun, Peas, Pinto Beans, Fruit	2 Banana Nut Muffin, Yogurt, Fruit, Juice Burrito, Corn, Cucumbers, Fruit	3 Maple Mini Waffle, Fruit, Juice Chicken Nuggets, Tater Gems, Baby Carrots, Fruit	4 Biscuit, Gravy, Fruit, Juice Bosco Sticks, Marinara Sauce, Green Beans, Broccoli, Fruit
7	8 Egg, Sausage, & Cheese Burrito, Fruit, Juice Pizza, Peas, Black Beans, Fruit	9 Cereal, Yogurt, Fruit, Juice Corn Dog, Tater Gems, Mixed Vegetables, Carrots, Fruit	10 Breakfast Pizza, Fruit, Juice Walking Taco, Corn, Celery, Fruit	11 Biscuit, Gravy, Fruit, Juice Cheeseburger, Cucumbers, Spinach, Fruit
14	15 Cheese Omelet, Fruit, Juice Chicken Nuggets, Tater Gems, Pinto Beans, Fruit	16 Banana Nut Muffin, Yogurt, Fruit, Juice Pizza, Corn, Green Beans, Fruit	17 Strawberry Cream Cheese Bagel, Fruit, Juice Burrito, Cucumbers, Carrots, Fruit	18 Biscuit, Gravy, Fruit, Juice Diced Chicken, Garlic Bread, Broccoli, Mixed Vegetables, Fruit
21	22 Egg Patty, Sausage, Biscuit, Fruit, Juice Breaded Chicken Sandwich, Peas, Corn, Fruit	23 Cereal, Fruit, Juice Bosco Sticks, Marinara Sauce, Pinto Beans, Carrots, Fruit	24 Apple Frudel, Yogurt, Fruit, Juice Pulled Pork Sandwich, Cucumbers, Green Beans, Fruit	25 Biscuit, Gravy, Fruit, Juice Chicken Nuggets, Tater Gems, Broccoli, Fruit
28	29 Chicken Biscuit, Fruit, Juice Pizza, Green Beans, Corn, Fruit	30 Maple Mini Waffles, Yogurt, Fruit, Juice Cheeseburger, French Fries, Peas, Fruit		

Parents: If your child has a food or milk allergy, we must have a signed letter from your child's physician stating the food/milk allergy/allergies and any required substitutions. This letter must be on file at the time your child starts school, and is only valid through the end of the current school year.

This institution is an equal opportunity provider.